



DANIELLE'S GOAL SETTING WORKSHOP

5 Steps to Rocking Your Year!

YOUR WORKSHEETS



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My Life - Key Areas

KEY AREA	CURRENT RATING (1-10)	IMPORTANCE LEVEL (1-10)
CAREER/BUSINESS		
LOVE & RELATIONSHIPS		
HEALTH & WELLNESS		
FINANCIAL		
PHYSICAL ENVIRONMENT		

My Goals For _____

KEY AREA	GOAL # 1	GOAL # 2
CAREER/BUSINESS		
LOVE & RELATIONSHIPS		
HEALTH & WELLNESS		
FINANCIAL		
PHYSICAL ENVIRONMENT		

My Focus Goal Is: _____

What Would Make It Inevitable?

KEY AREA	GOAL	INEVITABLE ACTION
CAREER/BUSINESS		
LOVE & RELATIONSHIPS		
HEALTH & WELLNESS		
FINANCIAL		
PHYSICAL ENVIRONMENT		